

2018 Daybreak Group Swim Lessons

Welcome to the Daybreak Summer Swim School!

Swimming lessons will be held at the Eastlake Pool. Our group lessons are 30 minutes long and each session lasts two weeks (six classes).

Please reference the chart below to learn more about our swim levels and descriptions.

Spaces are limited so sign up soon!



Daybreak Swim School Levels & Descriptions:

Aqua-Tots (6 months-3 years)	With instructor guidance, parents learn to help their child become comfortable in the water, blow bubbles, submerge nose and eyes, float on front and back, and retrieve toys with assistance. Registration includes one child and one parent's participation.
Beginning Toddler (3-5 years)	Beginning toddlers will be taught pool rules, how to blow bubbles, submerge face, front and back floats, front and back glides, kicking on front and back, and circle arms. All skills will be assisted by instructor.
Advanced Toddler (3-5 years)	Prior to entering advanced toddler, front and back floats must be performed without assistance. Skills taught in advanced toddler level include submerging face, front and back floats, front and back glides, kicking on front and back, basic front crawl, and understanding pool rules without assistance. In this level, swimmers will transition to independent swimming.
Level 1 (5 years+)	This course is designed to be a beginning level class for children 6 and older. Skills taught include submerging face, front and back floats, front and back glides, kicking on front and back, front crawl and provide an introduction to age-appropriate safety topics.
Level 2	This level focuses on the transition to independent swimming. Those that have passed advanced toddler should enter this level. Skills taught include front and back floats, front and back glides, front crawl, and back stroke.
Level 3	Skills taught in this level include front crawl with side breathing, backstroke, elementary backstroke, treading water, butterfly kick and deep water retrieval of submerged objects.
Level 4	Focus of this level will be improving endurance and distance swimming in front crawl with side breathing, backstroke and elementary backstroke. Butterfly arm movements, breaststroke, and flip turns will also be introduced.

We reserve the right to cancel or combine classes as needed.

Any cancellation of a registered participant will be subject to our refund policy. In the event of missed classes we are unable to provide credits, refunds, or make-ups. For safety reasons, spectators will be asked to sit in a designated area on the pool deck. Times and dates are subject to change without notice. In the event of a weather related pool closure, a make-up day will be scheduled.



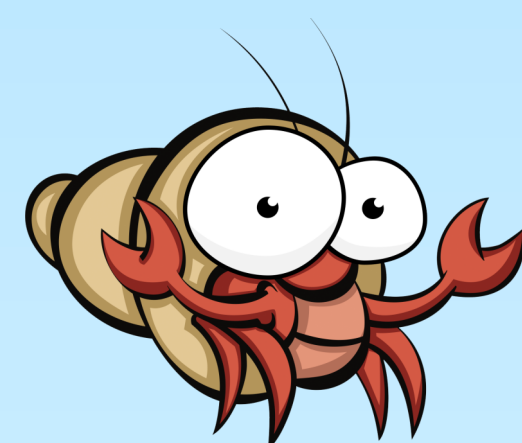
Swim Lesson Registration Information

Session Dates, Fees, & Registration:

Session	DATES	Days		SESSION FEES	Registration Online Begins:	Registration At DCC Begins:
I	June 18-30	M/W/F or T/TH/Sat	M/W/F or T/TH/Sat	\$35 Per Student	May 28th	June 4th
II	July 9-21	W/F/M or T/TH/Sat	W/F/M or T/TH/Sat	\$35 Per Student	June 18th	June 25th
III	July 30-August 11	M/W/F or T/TH/Sat	M/W/F or T/TH/Sat	\$35 Per Student	July 9th	July 16th

Swim lesson registration can be done online or in person at the Daybreak Community Center.

 Visit <http://bit.ly/daybreakswimming> for online registration



Class Times Offered by Level:

Class Name:	Brief Description:	Times Offered:
Parents & Tot	6 months - 3 year olds Water exploration with assistance	M/W/F or T/TH/S 10:30 AM
Beginning Toddler (Ages 3-5)	Water exploration & primary Skills with assistance.	M/W/F or T/TH/S 8:45 AM M/W/F or T/TH/S 9:55 AM
Advanced Toddler (Ages 3-5)	Primary skills without assistance	M/W/F or T/TH/S 9:20 AM M/W/F or T/TH/S 10:30 AM
Level 1 (Ages 6+)	Water exploration & primary Skills with assistance.	M/W/F or T/TH/S 8:45 AM M/W/F or T/TH/S 9:55 AM
Level 2	Primary skills without assistance & transition to independent swimming.	M/W/F or T/TH/S 9:20 AM M/W/F or T/TH/S 10:30 AM
Level 3	Stroke development	M/W/F or T/TH/S 8:45 AM M/W/F or T/TH/S 9:55 AM
Level 4	Stroke Development & endurance building	M/W/F or T/TH/S 9:20 AM

A skills assessment will take place the first day of class to ensure that swimmers are in the most appropriate level for their success. Swim School staff reserve the right to transfer swimmers to another level regardless of previous levels passed.

Correct level placement is in the best interest of individual students and our classes as a whole.